

<b>Lesson Title</b>	<b>4. Plan A/B/C</b>
<b>Lesson Designer</b>	Gabrielle Milano
<b>Standards</b>	<input type="checkbox"/> CCSS <input type="checkbox"/> NGSS <input checked="" type="checkbox"/> ASCA <input type="checkbox"/> Other A:A2.2 - Demonstrate how effort and persistence positively affect learning A:A3.5 - Share knowledge A:B2.7 – Identify post-secondary options consistent with interests, achievement, aptitude and abilities C:A1.1 - Develop skills to locate, evaluate and interpret career information C:B2.1 - Demonstrate awareness of the education and training needed to achieve career goals PS:B1.3 - Identify alternative solutions to a problem PS:B1.12 - Develop an action plan to set and achieve realistic goals
<b>Learning Objectives</b>	Students will be able to: <ul style="list-style-type: none"> <li>• Practice research and data collection</li> <li>• Understand the importance of goal-setting</li> <li>• Understand the importance of alternate plans</li> <li>• Reflect on their experience</li> </ul>

<b>Timeline</b>	<b>Duration</b>
<u>Delivered in 1 lesson:</u> <ul style="list-style-type: none"> <li>• 30 minutes: Data collection</li> <li>• 20 minutes: Creating pathways</li> <li>• 10 minutes: Turn and talk or Group share</li> </ul> <u>Delivered in 2 lessons:</u> <i>Lesson 1:</i> <ul style="list-style-type: none"> <li>• 30 minutes: Data collection</li> </ul> <i>Lesson 2:</i> <ul style="list-style-type: none"> <li>• 20 minutes: Creating pathways</li> <li>• 10 minutes: Turn and talk or Group share</li> </ul>	One 60-minute lesson <i>or</i> Two 30-minute lessons

<b>Teaching Strategies/Student Actions</b>	<b>Monitoring</b>
1. Teacher will explain directions, model tasks, and ask students to restate expectations. 2. Students will research careers in the Health Sciences field using the AHEC H.O.T. Guide website. Refer to the H.O.T. Guide Directions for further explanation about the website. 3. Students will record their information on the Health Careers Data Collection Worksheet. 4. Individually, on a separate piece of paper or document, students will create and design 3 roadmaps to achieve their ideal career goals using the information on the Health Careers Data Collection worksheet. Use the Roadmaps Template for reference. 5. Students will search for program tuition and duration on the program's websites. 6. Turn and Talk; or Group Share using these reflection questions to guide the discussion: <ol style="list-style-type: none"> <li>Describe the experience of creating multiple pathways to the same/similar goal.</li> <li>Why is it important to come up with alternate plans?</li> <li>Why is it important to have short-long term goals?</li> </ol>	<ul style="list-style-type: none"> <li>• Teacher will model and explain expectations - task oriented and behavioral.</li> <li>• Teacher will move around the room to observe student progress.</li> <li>• Teacher will provide feedback and suggestions for students.</li> <li>• Teacher will remind students of time remaining for each portion of the activity (i.e., You have five minutes remaining to collect data).</li> </ul>

<b>Product Description</b>	Career is not a linear progression, but more similar to a roadmap. Students will create multiple plans or pathways to a desired destination, or ideal career, to practice problem solving, flexibility and goal setting.
<b>Evaluation</b>	Students will exhibit mastery of these skills by effectively creating 3 pathways to their desired destination: <ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Flexibility</li> <li>• Goal Setting</li> </ul>

Resources and Materials	Additional Notes
<ul style="list-style-type: none"><li>• Connecticut Area Health Education Center Program (AHEC) H.O.T. Guide <a href="https://healthcareersinct.com/">https://healthcareersinct.com/</a></li><li>• H.O.T. Guide Directions</li><li>• Health Careers Data Collection Worksheet</li><li>• Roadmap Template Handout</li><li>• Computer or device with Internet access</li><li>• Writing utensils</li></ul>	Students will have to navigate to the specific program's websites to get the tuition and duration information.

## Health Careers Data Collection Sheet

Use the AHEC HOT Guide website to collect information about your desired or ideal career. Refer to the HOT Guide Directions for assistance navigating the website to the career information. Choose one ideal or desired career. Then, come up with three different and realistic program options that are relevant to your career.

Definitions:

- **Desired or ideal career:** the career that interests you the most, or that you feel is “perfect” for you
- **Roadmap:** the plan you are creating to get to your ideal career
- **Duration:** the length of time it takes to complete the program
- **Cost:** the amount of money you need to cover tuition, fees, room and board (if applicable)

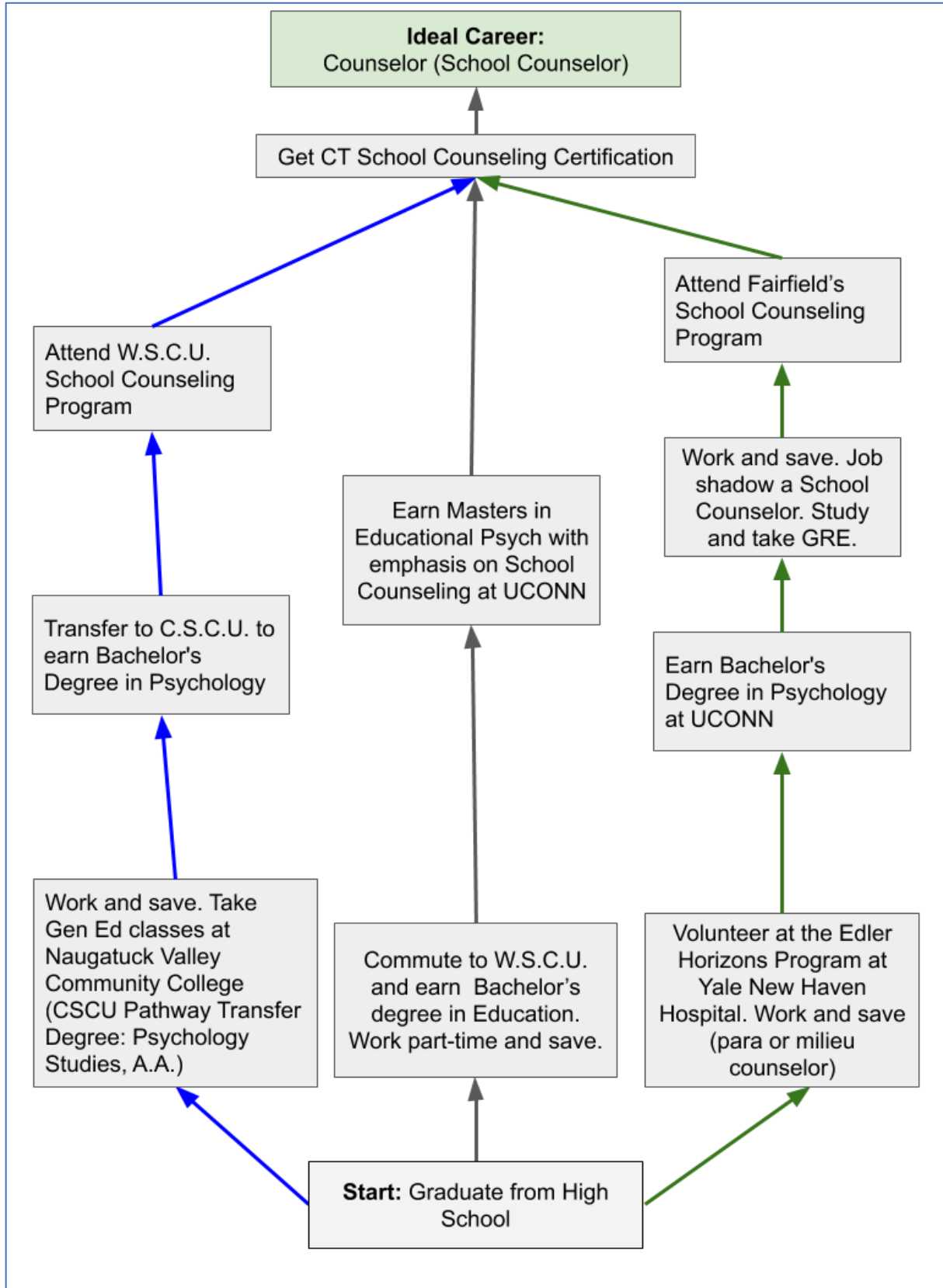
After researching the HOT Guide, which is your desired or ideal Health Science career? Why do you think this is a desired or ideal career for you?

## Roadmap Template

Use the HOT Guide and the specific program’s website to collect this information. If a category does not apply to a certain Roadmap, for example the second Undergrad information if the plan only includes one institution, put an X through the box or write N/A.

Program Information		Roadmap #1	Roadmap #2	Roadmap #3
Program #1	Name and Location			
	Cost and Duration			
Program #2	Name and Location			
	Cost and Duration			
Test	Required? (Y/N)			
	Fee			
Program #3	Name and Location			
	Cost and Duration			
Program #4	Name and Location			
	Cost and Duration			
Licensure / Certification	Required for State (Y/N)			
	Fees			
Total Roadmap Cost and Length				

## (EXAMPLE) Roadmap



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Use the HOT Guide and the specific program’s website to collect this information. If a category does not apply to a certain Roadmap, for example the second Undergrad information if the plan only includes one institution, put an X through the box or write N/A.

Program Information		Roadmap #1	Roadmap #2	Roadmap #3
Program #1	Name and Location	Naugatuck Valley Community College Danbury, CT	WCSU Danbury, CT	UConn Regional campuses
	Cost and Duration	~ \$8,000 ~ 2 years	~ \$48,000 (tuition only) ~ 4 years	~\$61,000 (tuition only) ~ 4 years
Program #2	Name and Location	CSCU New Britain, CT	N/A	N/A
	Cost and Duration	~ \$23,000 2 years	N/A	N/A
Test	Required? (Y/N)	N/A	N/A	Yes - GRE
	Fee	N/A	N/A	\$160
Program #3	Name and Location	WCSU Danbury, CT	UConn Storrs, CT	Fairfield Univ. Fairfield, CT
	Cost and Duration	~ \$33,000 ~ 2 years	~ \$43,000 ~ 2 years FT	~ \$40,000 2.5 - 3 years FT
Program #4	Name and Location	N/A	N/A	N/A
	Cost and Duration	N/A	N/A	N/A
Licensure / Certification	Required for State (Y/N)	Yes	Yes	Yes
	Fees	\$300	\$300	\$300
Total Roadmap Cost and Length		~ 65,000 ~ 6 years	~ \$92,000 6+ years	~ \$102,000 8+ years (including volunteer year)