Lesson Title	1. Assumptions vs	Reality		
Lesson Designer	Gabrielle Milano			
Standards	□ CCSS	☐ NGSS	☑ ASCA	☐ Other
	A:A3.5 - Share knowledge			
	C:A1.1 - Develop skills to locate, evaluate and interpret career information			
	C:B1.5 - Use research and information resources to obtain career information			
	C:B2.1 - Demonstrate aware	ness of the education	and training needed to a	achieve career goals
Learning Objectives	Students will be able to:			
,	 Understand how assur 	nptions shape percer	otions	
	 Practice research and 	data collection		
	 Reflect on their experience 	ence		
	 Share their knowledge 	with peers		

Timeline	Duration
10 minutes: Career assignment and brainstorming assumptions	1 class period
20 minutes: Data collection	
15 minutes: Reflect, turn and talk, or group share	

	Teaching Strategies/Student Actions	Monitoring
1. 2.	Teacher will assign each student one career from the AHEC H.O.T. Guide. Students write down all the information they think they know about the career as well as any questions they have about it on the Assumptions vs Reality Worksheet.	Teacher will model and explain expectations - task oriented and behavioral.
3.	Students will research their assigned career using H.O.T. Guide. Refer to the H.O.T. Guide Directions for further explanation about the website.	Teacher will move around the room to observe student progress.
4.	Students will list the accurate information about the career on the Assumptions vs Reality Worksheet.	Teacher will provide feedback and suggestions for students.
5.	Students will circle the assumptions and accurate data points that are identical in both columns.	Teacher will remind students of time remaining for each portion of the activity
6.	Students will reflect on the commonalities and the differences between their assumptions and the accurate information.	(i.e., You have five minutes remaining to collect data).
7.	Turn and Talk or Group Share, using these reflection questions to guide the discussion:	oonoot data).
	a. Describe the experience of brainstorming assumptions. Where did your assumptions come from?	
	b. How were your assumptions similar or different from the accurate information?	
	c. How has your perception of the career changed from doing this activity?	

Product Description	With this activity, you will explore the differences between the assumptions and the accurate information of one health career by documenting learning in a graphic organizer.
Evaluation	Grading or completion check of worksheet.

Resources and Materials	Additional Notes
Connecticut Area Health Education Center Program (AHEC) H.O.T. Guide	
https://healthcareersinct.com/	
Assumptions vs Reality Worksheet (two versions)	
Using the HOT Guide	
Computer or device with Internet access	
Blank paper	
Writing utensils	

Assumptions vs Reality

Throughout life, we accept information as being accurate without proof. This is called an assumption. We have assumptions about many things, including careers. With this activity, you will explore the differences between the assumptions and the accurate information of one health career.

You will be assigned a position in the Health Occupations and Technology field. Brainstorm and list all of the things you think you know about the career. Then, you will research the career and list the accurate information from the AHEC H.O.T. Guide website.

- 1. Write the name of the career.
- 2. Brainstorm and list all of the things you think you know about the career, and any questions you have about it.
- 3. Using the AHEC H.O.T. Guide (https://healthcareersinct.com/), list accurate information about the career.
- 4. Circle the identical assumptions and accurate information in both columns.

Career		
Your Assumptions	Your Questions	Accurate Information

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- 4. Circle the identical assumptions and accurate information in both columns.

Career		
	Your Assumptions	Accurate Information
Necessary skills		
Conditions of the job (What the job is like)		
Required education or training		
Average annual salary		
Work placements (Where you could work?)		
Future career projection		
License or certification required		

Using the HOT Guide

1. Type the Connecticut Area Health Education Center Program (AHEC) H.O.T. Guide website into the URL bar: https://healthcareersinct.com/ This website provides information about Health Occupations and Technology careers.



2. Select the "Health Career Listing" from the tab menu at the top of the page



3. You will see the several career categories listed under Health Career Listings on the left column of this page. Select a career category that interests you.



4. When you click on a category on the left, for example Behavioral Health, it will bring you to another page with a description of the page and specific careers that fall into that career category.



- 5. When you click on the specific career, for example Counselor, it will bring you to a page that provides detailed information about the career. As your scroll through the page, there is information provided about:
 - a. The necessary skills to be successful in the field;
 - b. The unique job description;
 - c. Work placement examples:
 - d. The yearly average salary of this career;
 - e. The projection of the career;
 - f. Required education or training;
 - g. Programs that will prepare you for this career;
 - h. License and certification requirements; and
 - i. Organizations to find more information about the career.



6. To search for a different career, simply click on a career category from the Health Career Listings on the left side of the screen. Then repeat steps 4 and 5 to learn about the career categories and the specific careers.